# HEALTH LEADERS FOR MAINE



On Belay! News from the HLD Alumni Association To connect, serve, learn, and advise

September 2013

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HLD Alumni Association
Board of Directors
2013 - 2014

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## News from the Alumni Association Board of Directors

In July, HLD alumni elected class representatives to the Alumni Association Board of Directors, welcoming five new members. Read below why they joined the Board. We also said good-bye to four Board members. A HUGE thank you goes to **Kolawole Bankole** and **Kate Perkins** (HLD II), **Angela Westhoff** (HLD III) and **Suzanne Spruce** (HLD IV) for their Board service and commitment to keeping HLD alumni connected.

Congratulations to **Mary Ann Amrich** (HLD IV), who was elected Board Chair! Other Board officers include **Chris Muffett** (HLD V), Vice Chair, **Judiann Smith** (HLD III), Secretary, and **Peter Sirois** (HLD I), Treasurer.

## **HLD I**

**Kevin Lewis** is the CEO of Maine Community Health Options.

I joined the Board in order to support Hanley's collaborative efforts and give back to a community that is enriching Maine with each successive HLD class.



It's no accident that MCHO's mission is rooted in a partnership model with providers, businesses and consumers. I live in Winthrop with my wife and

#### **HLD V**

Catherine Chicester Brenda Czado Chris Muffett Lorrie Potvin Jana Purrell

### HLD VI

Poppy Thacher Arford Ruth Frydman Deb Silberstein daughters and enjoy running and skiing.

## **HLD III**

**Diane Skog** is the Project Leader of the Harold Alfond College Challenge located at FAME.

I am most passionate about working towards systems and policies that ensure that every Maine baby has the same opportunity to live a happy, healthy, productive life and aspire to

healthy, productive life and aspire to greatness!

Being a member of the Hanley community is truly an honor and has opened many doors for me professionally in the areas of child health and quality. I joined the board because I want to stay connected to my HLD "family" and support new Hanley initiatives.

## **HLD VI**

**Poppy Arford** is a Consumer Representative at Quality Counts.

Joining the HLD Alumni Board is an honor and opportunity to support the ongoing excellence of the HLD program and evolving leadership impact of our alumni body. Understanding and engaging the perspectives and needs of a diverse HLD community will be a priority as I begin my service on the Board.

**Ruth Frydman, MD** is a psychiatrist practicing in southern Maine at Mercy Hospital, Common Ties in Lewiston (as Medical Director) and APS.



I joined the alumni council to support the Hanley community and the important work that members are doing around the state. I live in Cumberland with my husband and two children.

**Deb Silberstein, RN, ScM**, is a Quality Improvement Specialist working on the Maine Patient Centered Medical Home Pilot with Maine Quality Counts.



I joined the HLD Alumni Board because of my interest in giving back to the HLD program as well as my interest in keeping the spirit, learning, networking, collaboration and overall richness of HLD alive even though the program is complete. I live in Portland with my

husband, Jason, and two step-sons, Sam and Matt.

## **Welcome HLD VII!**

With September comes the start of a new HLD class. The Alumni Association welcomes HLD VII and hopes you have dry and warm weather at Outward Bound, quiche every month, and an amazing learning experience!

Wondering who is in HLD VII? Click here to find out.

## Regional Meetings: A New Name and Focus

At the Alumni Association Board of Directors retreat, we decided to switch up the regional meetings. New things to look for in the coming months include:

- A new name-Alumni Dialogues rather than Regional Meetings
- The same date and time across the state-To better coordinate and keep track of when the Alumni Dialogues are happening
- A new way of letting you know about the Alumni Dialogues
- Engaging on the same topic to put our collective brain power into action!

Interested in getting involved? Contact MaryAnn.

Stay tuned for more information coming soon!

## **Alumni News**

Win an award?
Have a baby?
Change jobs?
Solve a big healthcare problem?
Read a leadership article that impacted you?

## We want to know!

The Alumni Association needs your news so that we can share it with others and keep those class connections strong.

Send news, updates, interesting articles, etc., to <u>Anita.</u>

## HLD I



Congratulations to **Emily Rines** on the birth of her son, Sam!

**Peter Sirois,** CEO of Northern Maine Medical, has been elected to the Board of Directors of the Maine Hospital Association.





**Elsie Freeman**, **MD**, **MPH**, has been named Project Director at the USM Muskie School of Public Service.

## **HLD II**

**Alain Bois, RN**, has been named Director of Nursing at Northern Maine Medical Center.



## **HLD III**

**Megan Hannan** has been named Executive Director of the Frannie Peabody Center in Portland.





**Jeff Heckert, MD**, been elected chair of the Accountable Care Organization serving the Lewes, Delaware Region where he serves as CEO of Mid-Atlantic Family Practice.

**Jessica Loney**, **RN**, has established JL Consulting in Bath.



### **HLD IV**

Thanks go out to **Arabella Perez**, Executive Director of THRIVE, for delivering keynote remarks at the Hanley Center's Undergraduate Leadership Internship Workshop this summer in Freeport.



### **HLD V**

**Sally Cooper, MD,** has been selected for the MaineGeneral Medical Center/Hanley Center Physician Executive Leadership Institute (Foundational) course that will begin next month in Augusta.



**Kelley Kash** joined Michelle Probert (HLD VI) and Lisa Letourneau, MD, MPH of Quality Counts as keynote speakers at the HLD VII opening session.

**Chris Muffett** has been named Director of Health IT at Maine Primary Care Association.



**Scott Peterson** has been selected for HealthSouth's national "Developing Future CEOs" program. He and his family have moved to Nashville as he prepares over



the next year to be named CEO at a HealthSouth hospital somewhere in the country.

**Todd Rogow** has been named Chief Technical Officer at HealthInfoNet.



**Clarissa Webber, RN**, has been named to a leadership position at Cape Memory Care in Cape Elizabeth.

### **HLD VI**

**Stacey Mondschein-Katz, Esq**, has joined the Maine Department of Health and Human Services in Augusta.





Michelle Probert of MaineCare joined Kelley Kash (HLD V) and Lisa Letourneau, MD, MPH, of Quality Counts as keynote speakers at HLD VII kickoff session.

Congratulations to **Becca Morin Emmons** of the Maine Primary Care Association and **Morgan Floyd Hynd** of Maine Health Access Foundation on their weddings, which took place over the summer.

**Blanca Santiago** is now working at Counseling Services, Inc. in Biddeford.



## In Other News

Several HLD Health Disparities Ambassadors inlcuding **Jessica Loney** (HLD III), **Becca Matusovich** (HLD II), **Bankole Kolawole** (HLD II), and **Ralph Johnson** (HLD II) will be presenting about their Ambassador Projects at the Maine Public Health Association Annual Meeting on October 22, 2013. The presentation is entitled, "Hidden Disparities: The Identification and Management of Implicit Bias." The Ambassador's Project work has been supported by **Fela Alvardo** (HLD III) and Mitzi Johnson, MD, from Culture InSight and the Harvard Pilgrim Health Care Foundation.